

CHANGES TO SAILING INSTRUCTIONS FOR MEDAL RACES

These Instructions are supplementary to, and (see below) change some Challenger Standard Sailing Instructions. They may be used for fleets of Approx.10 or more boats. Description of marks etc. will be given at a supplementary briefing at least ½ an hour before launching for the **Medal Race Session**. Lists of **A and B Fleet Competitors** will be displayed on the Notice Board as soon as possible after the previous session.

1. RULES

1.6:- Repeated sail trimming is **allowed downwind**. This changes Rule 42.2 (a)

5. SCHEDULE OF RACES (n.b. A session is a Race or several Races back-to-back)

- All sessions will consist of **Fleet Races** except the last one, which will consist of **Medal Races**, with the fleet divided into two starts
- Based on Series scores, the top 50% will sail in the last session as the **A fleet** (Gold) and the rest as the **B fleet** (Silver).
- Standard Points will be calculated as shown in 15 below and will count towards Medal Race prizes **and** the Overall Regatta Series if other prizes are awarded

8. THE COURSES:- **Medal Race** courses will be as shown in the attached diagram. Alternative courses may be used, depending on conditions at the venue and will be described at the pre-race briefing

11. THE START:-

11.4:- For the Medal Races, there will be two starts. The start signal of the **A fleet** will also be the Warning Signal (5 minute gun) of the **B fleet** (n.b. During Start Sequence A, **only the Preparatory signal** [usually Code flag P] will be lowered)

12. THE FINISH

The finish will be between an Orange flag on the Committee boat and a dan buoy (or similar) downwind of the stern of the Committee boat, unless modified by 8 above.

15. SCORING:-

- Medal Race scores will be used exclusively to award Gold and Silver Class prizes. **A fleet** winners will receive Gold Class prizes, **B fleet** winners will receive Silver Class prizes. Any **Bronze** competitors will be scored as a separate Class
- Overall Series scores: Medal Race scores will be included but are discardable. As an example, assuming a total fleet of 10 boats; race scores 1st to 5th will be awarded to the **A fleet**, scores 6th onwards to the **B fleet**. Series scores will be used to determine the OVERALL WINNER and any other awards, except **Gold and Silver Class prizes**, which will be based on the Medal Races.

Medal Race Course (Windward-Leeward)

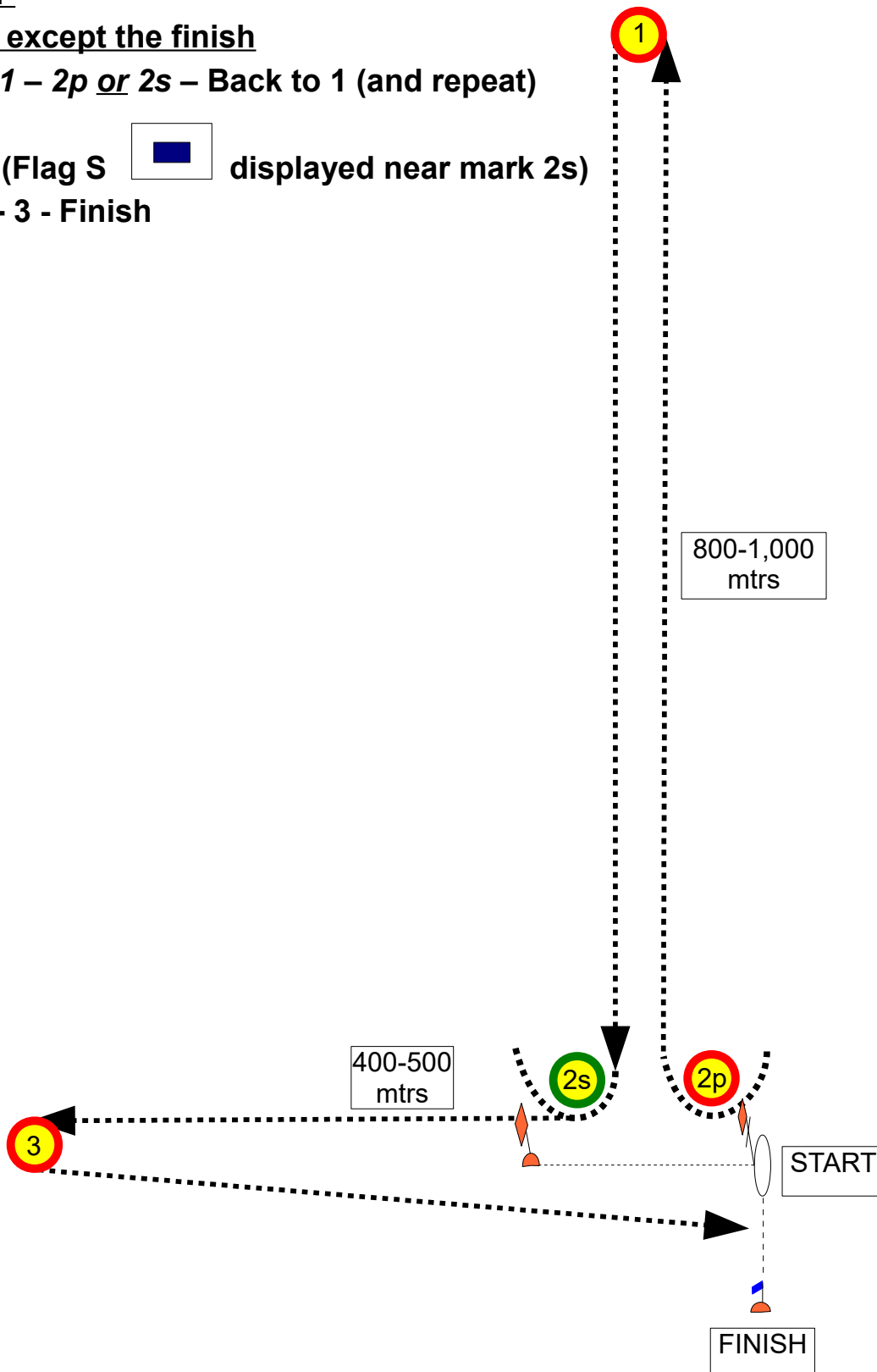
course:-

all laps except the finish

Start – 1 – 2p *or* 2s – Back to 1 (and repeat)

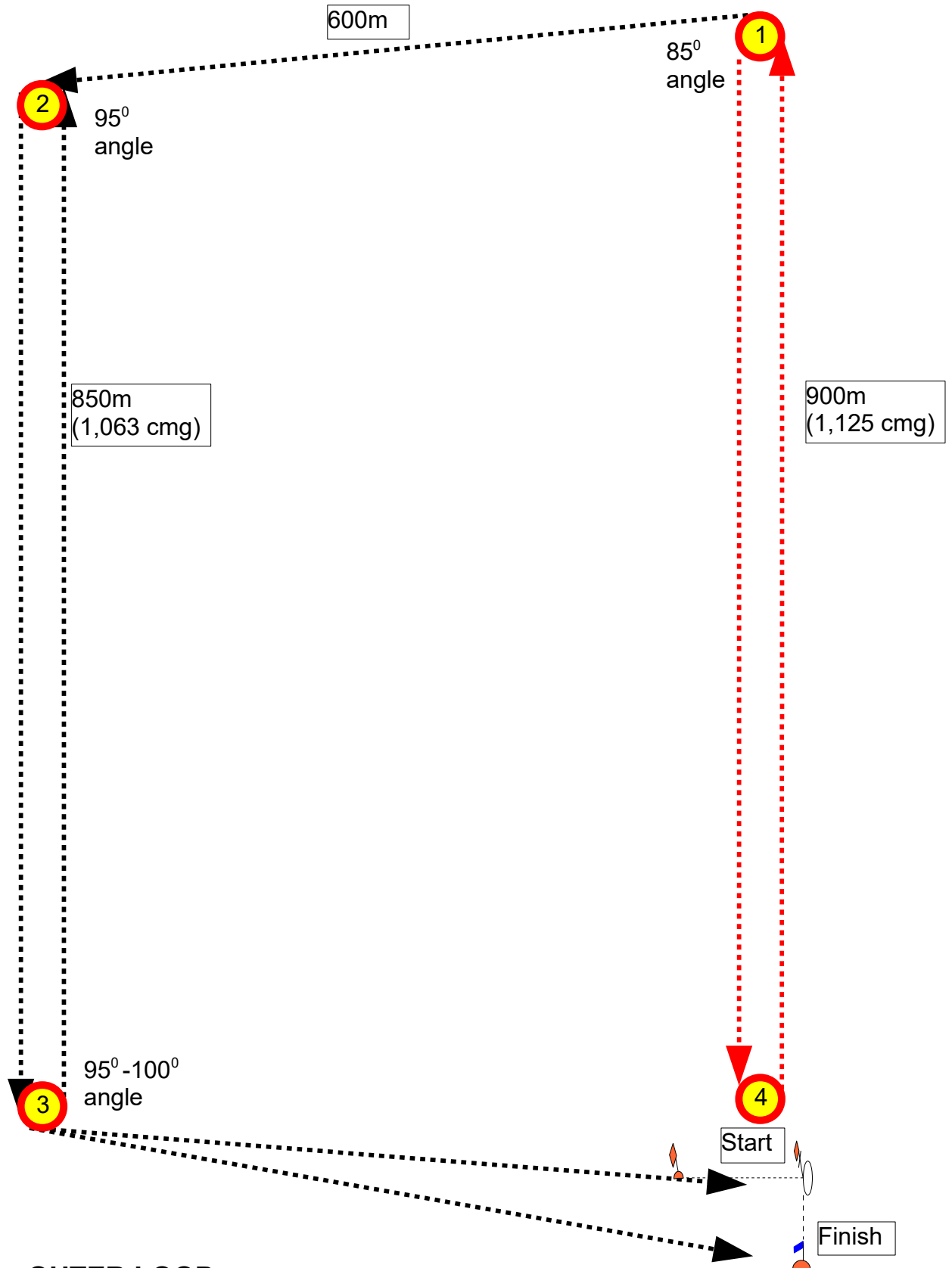
Finish (Flag S  displayed near mark 2s)

1 – 2s – 3 - Finish



- 1. The race will run for approximately half an hour, then;**
- 2. A Shorten Course flag will be displayed with two sound signals as the leaders approach Mark 2s. This signal indicates that the whole fleet should round 2s to Starboard, reach across to Mark 3, round it to port and sail back to finish behind the committee boat**

Medal Race Course (Trapezoid)



Course:

FLEET A – OUTER LOOP

1 lap = Start-1-2-/3-2-3/-Finish, 2 laps = Start-1-2-/3-2-3-2-3/-Finish

FLEET B – INNER LOOP

1 lap = Start-1-/4-1/-2-3-Finish, 2 laps = Start-1/4-1-4-1/2-3-Finish